

# GROWTH MINDSET

CREATING AND SUPPORTING A CULTURE OF GROWTH AT MENDEZ



Mendez Fundamental Intermediate School  
PD - August 10th, 2017



# GROWTH V. FIXED MINDSET

## GROWTH MINDSET

- intelligence is developed
- the goal in school is to learn (ask questions)
- effort means progress and learning
- challenges are enjoyed
- failure and mistakes increase resilience and perseverance
- criticism is an opportunity

## FIXED MINDSET

- intelligence is fixed
- the goal in school means looking smart (don't ask questions)
- showing effort means you're not good at the task
- challenges are stifling
- failure and mistakes are discouraging
- criticism is negative feedback





**“Mindset change is not about picking up a few pointers here and there. It's about seeing things in a new way.**

**When people...change to a growth mindset, they change from a judge-and-be-judged framework to a learn-and-help-learn framework. Their commitment is to grow, and growth takes plenty of time, effort, and mutual support.”**

**— Carol S. Dweck, *Mindset: The New Psychology of Success***



3

ways to instill growth in how  
**we** think

40

30

10

**students**  
**teachers**  
**school-wide**

item 1

item 2

item 3

item 4

item 5



A background image of a tea plantation. The top half shows a dense, dark green forest on a hillside. The bottom half shows a tea plantation with rows of green tea bushes. A semi-transparent grey banner is overlaid across the middle of the image, containing the text '1. Classroom culture'.

# **1. Classroom culture**



# 1. Classroom culture

## GOAL-SETTING

- Have students create short-term, medium-term, and long-term goals

MLG Site of Epicness

Home ELA Blog Reading Log Critical Current Blog Symposium 2017 more...

ONE LAST THING, HERE ARE MY GOALS

**My Short-Term Goal**

This month, I want to make sure that I learn how to play more music sheets and just become a better musician than I was before. I also want to focus on walking my dog more than I usually do, even though I take him out a lot.

**My Medium-Term Goal**

For this next 6 month period, I want to set my academic goal to keep my straight A's in school all the way 'till the end of the semester. I will also do my best to help my dad and learn from him when he is out fixing around the house.

**My Long-Term Goal**

Finally, my goal set over a year is to go to the high school I choose to go to, and a good one as well. After that, I also will try my hardest to hang out with my siblings a lot more and do other activities with them, such as camping and running.

woops. Looks like this page doesn't exist.

**REFLECTION #1**

I have been working hard to complete these goals and so far, I have done well. I have been able to play more and better than before and I have stayed with my dog a bit more when I come from school. I also still have my all A's like before and helped out my dad when

Justin F.

Wendy M.

My Short-Term Goal

For my Short-term goal I would like to accomplish this: Raise my B in Language Arts to an A. Not talk back when I get in trouble by my parents.

My Medium-Term Goal

6 months from now, I want to be comfortable in participating in my classes. In P.E. I would like to become faster and better at running. In 6 months I want to see my grades be A's, but a minimum of one B and the rest A's. Read more (definitely need to read more), complain less and just do things. Overcome my fear of speaking in front of people.



My Long-Term Goal

In a year from now I would like to try to get out of my comfort zone. Try a new thing I've never done before even if I look like an idiot while doing what I want to do. Get into a really good high school with all honors. Have A's and a minimum of 1 B.

**MY SHORT TERM GOALS**

Try at least finish reading 1 or 2 books  
Finish HW on time and early as possible for projects and essays  
Complete my 2 logs in under 7 minutes  
Communicate better and talk to more people

**MY MEDIUM-TERM GOALS**

Attend tutoring every week, or get help from a family member or teacher  
Get two 2 logs in under 10 min and write in less than 9  
Get more used to presenting because it will be needed for high school  
Complete 3 sketchbooks  
Complete and participate in this booktalk season, and put in more effort

Michael M.

#goals



# GOAL-SHARING

- **Incorporate goal talks** in what you already do! Ask students about how they are doing with their goals in reflections, exit tickets, pre- and post-assessments, learning logs, data chats, pair-share activities, and rubrics





# 1. Classroom culture

## GOAL-CHECKING

- **Accountability** is crucial - share goals and revisit them throughout the year (beginning or end of grading periods). Involve parents, peer groups, and you (the teacher), so students feel that their goals are important, valued, and real.

### PLG Check-in and MAP data Report- February 2017

So far, my journey towards accomplishing my goals has been particularly successful. I've been playing basketball in a league, trying my hardest, studying for test, and drawing whenever I can. One thing that I can do in order to accomplish these goals is to sleep early so that I may rest for another day of productivity, also not to procrastinate and most importantly keep a positive mindset so that my brain can continue to develop and willing to have growth and face challenges. Some goals that have changed in view point is reading books as many as ten, as I find it hard to concentrate reading, and less time being able to read. In terms if my academic goals my MAP scores for Winter of 2017 from Fall of 2016 went down by one point. I'm proud of my literature goal performances going up, and Informational Text as well. Although I as proud of those, my goal performance for Vocabulary Acquisition and Use went down, this means that I need to pay more attention when studying my WPW and searching for the definitions of words that I do not understands and how a word is used in the text. In my spring MAP test I wish to accomplish my goal of 242.

#goals



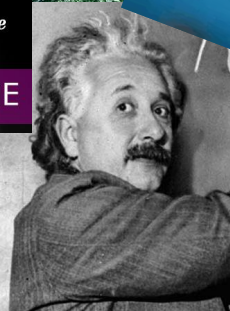
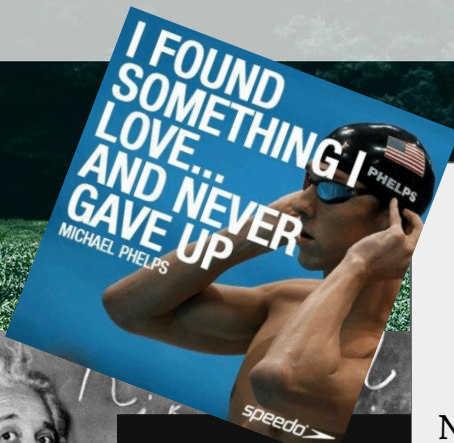
# 1. Classroom culture

## GOAL-CELEBRATING

- **Focus on and celebrate GROWTH**, and not the score/grade/level/percentage.
- Showcase notable people in your content area/discipline who have practiced a growth mindset.



He can who thinks he can,  
and he can't who thinks he can't.  
— Pablo Picasso



It's not that I'm so smart, it's just that I stay with problems longer.

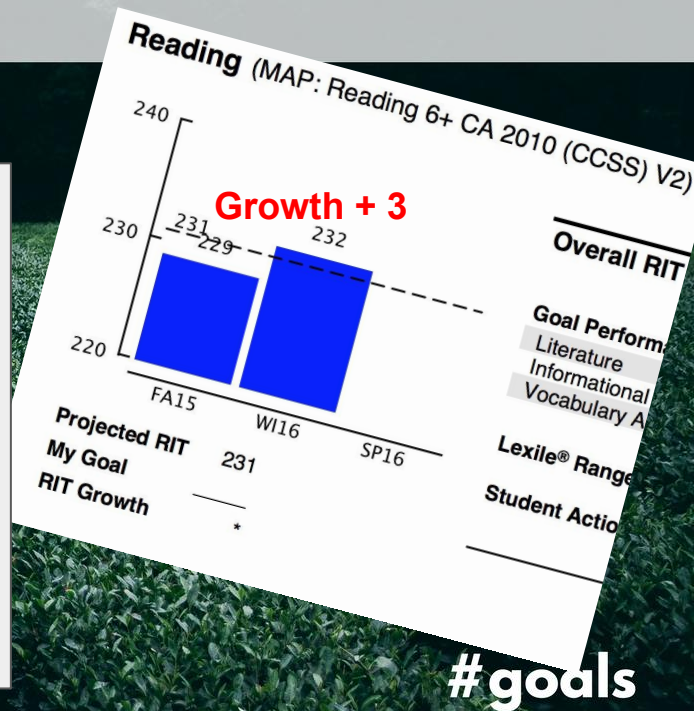
— Albert Einstein

further.net

Mile time  
August 2016  
10:24.13

Mile time  
November 2016  
9:00.46

You run faster  
by over a  
minute!



#goals



A close-up photograph of a plant, likely a gardenia, featuring vibrant green leaves and clusters of small, white, tubular flowers. Several water droplets are visible on the surface of the leaves, adding a fresh, dewy appearance. The background is dark and out of focus, emphasizing the plant's details.

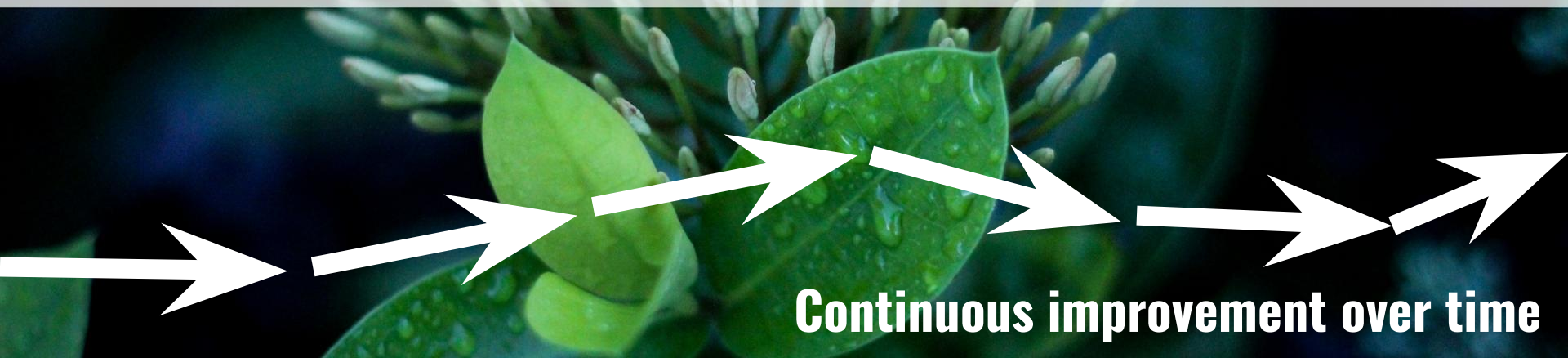
## **2. Student work**



## **2. Student work**

### **Get better, higher-quality work from your students**

- For major projects, lab reports, essays, DBQs, performance tasks, and presentations, incorporate two deadlines and have both deadlines worth points.
- The first deadline is not for rough drafts. It is a real, final, actual deadline. The second deadline is equally real and final.
- Even the "best" projects or essays can be done a lot better.





## 2. Student work

- For performance tasks, prompts, and projects, provide students with options (mild, spicy, and fire). Students choose their challenge and feel more empowered by the responsibility of choosing their next level.

**PROJECTS!**

UTC Portfolio

grade poetry project

Uncle Tom's Cabin Final Project – due Wednesday, March 18<sup>th</sup>, 2015  
THEME PORTFOLIO

**Part 1: Response to Literature Essay – Theme**

- Option 1:** Harriet Beecher Stowe explores various themes throughout the novel. In a well-organized, multi-paragraph essay, state one universal theme from the novel and explain how the author is able to accomplish this universal theme in the text. Use evidence from the text to support your claims. You may choose to focus on just one device such as how characterization has helped the author achieve the theme, or you might want to focus on several literary devices. The way that you choose to structure your essay all depends on how you want to support the universal theme.
- Option 2:** Harriet Beecher Stowe's novel has undoubtedly made a mark in history. While many believe that her novel positively benefited society's movement towards freedom of slavery Americans, others believe that her novel simply masked the underlying dilemma of slavery with sentimentalism and racial caricatures. In a well-structured multi-paragraph essay, discuss the impact of *Uncle Tom's Cabin* on society's views towards slavery and Black Americans. Use evidence from the text and outside resources such as articles and credible literary criticism sources to support your claims.
- Option 3:** Make up your own prompt and tell me to get permission.

**Part 2: Art piece or Symbol**

You have the option to submit an original piece or an art piece that you find and cite. If you are creating your own art piece, it must be a symbolic representation of your theme. If you choose to find an art piece, painting, photograph, illustration, etc., it must not be from a google image search for an original piece. The art piece, you must have a placard, just like a museum. Whether it is an original piece or one that is found online, please include the date, artist's name, and medium. In some cases, you must also include the museum that it is currently in. You must also include a very short blurb about the piece and what it represents. This explanation should be about 5-10 sentences long.

**Part 3: Newspaper v. Newspaper**

Write a short newspaper article that incorporates a historical event, legislative decision, or historical person from antebellum America. The event, person, or decision must be from two different newspapers, one of which must be *The Liberator*. You are essentially going to be writing the same two articles, but from two different perspectives.

**Part 4: Original Poetry**

You must create a poem (10+ lines) that captures the theme that you are exploring. This must be the same universal theme or the same idea from your essay. Your poem must include five or more literary or poetic devices.

<b>Option 1: WRITE IT.</b> Write a sentence using the word that correctly defines the word. You must write the sentence per word. You will have 5 words in total. You must use the word in a sentence and underline or circle it.	<b>Option 2: FIND IT.</b> Find 5 words that include word parts from the lesson. Locate words from all of the texts from an article, novel, or any text. Take screen shots, write it out and cite the source, or take pictures of your findings. Then, provide the definition of that word and explain how and why it is used in the text.	<b>Option 3: DRAW IT.</b> Create an illustration for 10 word parts from the lesson. Your illustrations must be relevant to the word part's definition. You may create these images electronically (original infographics or collages) or by hand (must be drawn neatly and colored). Be sure to draw the word part that you are illustrating next to the picture.
<b>Option 6: PRESENT IT.</b> Use a google slide presentation of 5 word parts from the lesson. Incorporate the word into a presentation.	<b>Option 7: TEACH IT.</b> Create a screencast teaching 5 word parts from the lesson. You must incorporate sound (your voice, music, or sound effects) in your segment.	<b>Option 8: REWIND IT.</b> Create yourself a video of the word parts from the lesson. Include all of the information from your presentation in your oral presentation. Speak fluently, confidently, and clearly.

**SAME GENRE**

**SAME TOPIC**

**MULTIPLE TEXTS**

**RESPONSE TO LITERATURE**  
**Symbolism Essay Prompt**

**6th grade example**

Symbols are people, places, animals, or things that stand for themselves, but also represent a much broader idea. In short stories, poems, and films, symbols are used to show a truth about life and often lead to universal themes.

In a well-constructed essay, write about how symbolism is used and how it leads to a major theme in a literary work.

**Choose ONE of the following works:**

- "What do fish have to do with anything" by Avi (short story)
- "Fly Away Home" by Carroll Ballard (film)
- "Eleven" by Sandra Cisneros (short story)

**Pick two symbols from your chosen work that you would like to explore in your essay. Write a 5-paragraph essay explaining your two symbols and how symbolism contributes to the major theme in the story or film. You must use textual evidence to support your ideas.**

**Your essay will be organized as follows:**

- ❖ Introduction (hook, tag, context, and thesis)
- ❖ First body paragraph (explaining symbol #1 with textual evidence)
- ❖ Second body paragraph (explaining symbol #2 with textual evidence)
- ❖ Third body paragraph (explaining how those two symbols help create the theme)
- ❖ Conclusion (restate thesis and explain why it's important)

**Remember to consider the following:**

- ✓ Develop your ideas with textual evidence
- ✓ Spell correctly
- ✓ Use correct grammar conventions
- ✓ Type your essay in double-spaced Times New Roman 12-point font



## 2. Student work

- Be very careful with giving a 100%, unless it's a multiple choice test. (#controversial #sorry)
- Always push kids to do better and better.
- This prepares students for the real world and teaches them that there are no dead ends in learning.
- It creates a culture of excitement when students are introduced to new, challenging, and rigorous experiences.
- Students start to demonstrate a competitive spirit and their greatest competition is themselves.



It's not about just climbing the mountain and being done.  
It's about how we can climb the mountain better.  
That's why world-records keep getting broken.



A pair of hands is shown from the wrist down, cupped together to hold a heart-shaped arrangement of green pine needles. The needles are vibrant green and have a soft, fuzzy texture. The hands are light-skinned, and the background is a blurred green, suggesting an outdoor setting. A semi-transparent grey banner is overlaid across the middle of the image, containing the text '3. Teacher culture' in a bold, dark green font.

### **3. Teacher culture**



### 3. Teacher culture

- Model the idea of growth and life-long learning.
- Set your own short-term, medium-term, and long-term goals.
- This works perfectly with our new evaluation system and our site goals (#AVID)

#### MY SHORT TERM GOAL

MEMORIZE ALL OF MY STUDENTS' NAMES AND LEARN ONE INTERESTING FACT ABOUT EACH OF THEM. BE INTENTIONAL IN EXERCISING MY BODY (WORKING OUT), MIND (MEDITATING), AND SOUL (FAITH) AT LEAST TWICE A WEEK (EACH).

#### MY MEDIUM-TERM GOAL

OVERCOME MY FEAR OF PUBLIC SPEAKING (TO ADULTS) BY LEADING A PARENT MEETING OR PRESENTING GOOD IDEAS IN FRONT OF THE STAFF AT LEAST ONE TIME. CONTRIBUTE TO ONE POSITIVE CHANGE AT MENDEZ. GO OUTSIDE MY COMFORT ZONE, AND DO THE MIND/BODY/SOUL GOAL 3X A WEEK!

#### MY LONG-TERM GOAL

MAKE ONE VERTICAL CHANGE IN MY PROFESSIONAL FUTURE, SEEK OUT AN OPPORTUNITY TO LEARN SOMETHING NEW EITHER FOR MY PROFESSIONAL JOURNEY OR MY PERSONAL INTERESTS. CREATE A HYBRID COURSE ONLINE, AND INCREASE MY MIND, BODY, SOUL EXERCISES TO 5X A WEEK EACH!

**Short term (1 month)**

**Medium term (6 months)**

**Long term (1 year)**



### 3. Teacher culture

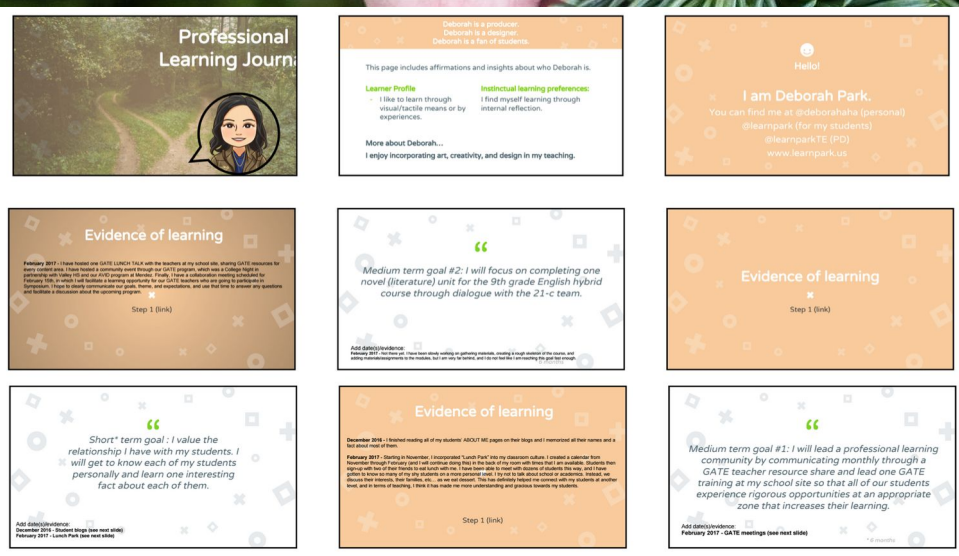
- Students will keep you accountable. They are very good at this!
- Earn your students' respect.
- Teach by doing. Teach life-long learning.





### 3. Teacher culture

- Seek out mentors and colleagues who can help you be a better \_\_\_\_\_ (teacher, influencer, leader, communicator, athlete, mediator, test maker, curriculum writer, encourager, etc.)
- Seek out opportunities to learn, take risks, and revise/rethink what you've always done.



- Professional learning coach
- Teacher Effectiveness coach
- Professional Development
- Online communities or forums
- Conferences
- YouTube channels of other educators around the country/world
- Peer coaches or Administrators



A scenic landscape featuring a winding asphalt road that curves through lush green hills. In the background, a prominent, flat-topped mountain peak rises against a cloudy sky. The foreground shows a steep, rocky embankment on the right side of the road. The overall atmosphere is serene and majestic.

# GOAL SETTING TIME

**Spend some time setting personal and classroom/curricular goals for this school year! You can find a list of potential goals on the Growth Mindset Resources handout. Leave the department and site goals boxes empty (for the next presentation).**