

GROWTH MINDSET RESOURCES

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GROWTH MINDSET LESSON PLAN (Khan Academy)

<https://www.khanacademy.org/resources/parents-mentors-1/helping-your-child/a/growth-mindset-lesson-plan>

MINDSET RESOURCES FROM EDUTOPIA

- [Developing a Growth Mindset](#): Watch Carol Dweck speak about the power of yet versus the tyranny of now and her research on growth mindset. (Stanford Alumni, 2014)
- [Stanford University's Carol Dweck on the Growth Mindset and Education](#): Read an interview transcript for an introduction to Carol S. Dweck's work and thinking, including her research into mindsets and the concept of "fixed mindset" versus "growth mindset." (OneDublin.org, 2012)
- [Recognizing and Overcoming False Growth Mindset](#): Clarify some common misconceptions about growth mindset. "[Growth Mindset: Clearing Up Some Common Confusions](#)" from KQED's MindShift is another good read. (Edutopia, 2016)
- [Carol Dweck Talks Growth Mindset](#): Understand how having high expectations of students and providing effective support can be a winning combination. (Edutopia, 2014)
- [How To Help Every Child Fulfill Their Potential](#): Watch an animation about growth mindset that explains how the type of praise students are given can affect student performance. (RSA Animate, 2015)

VIDEO LINKS:

"Growth v. Fixed Mindset" www.youtube.com/watch?v=brpkjT9m2Oo

Carol Dweck explains Growth v. Fixed Mindset

www.youtube.com/watch?v=hiiEeMN7vbQ&list=PLvqwZA3hUDrS9hknSCWaAVDgyJqpHE-ob&index=1

Infobundl Growth Mindset Video: www.youtube.com/watch?v=EIVUqv0v1EE&list=PLvqwZA3hUDrS9hknSCWaAVDgyJqpHE-ob&index=3

Growth Mindset Animation www.youtube.com/watch?v=-ogghnxBmY&index=4&list=PLvqwZA3hUDrS9hknSCWaAVDgyJqpHE-ob

Carol Dweck speaking with Khan Academy www.youtube.com/watch?v=wh00S4MrN3E

The Power of Belief - Eduardo Briceno - TEDEd www.youtube.com/watch?v=pN34FNbOKXc

Links to Websites www.brainpickings.org/2014/01/29/carol-dweck-mindset/

TedEd - Growth v. Fixed Mindsets: An Introduction - <https://ed.ted.com/featured/qrZmOV7R>

ARTICLES AND OTHER RESSOURCES

- How the growth mindset is misused by educators - www.usnews.com/news/articles/2015/11/23/teachers-parents-often-misuse-growth-mindset-research-carol-dweck-says
- The Effort Effect - theefforteffect.pdf
- Grow Your Mindset - growyourmindset.pdf
- Famous minds with growth mindsets - <http://www.ladybrook.stockport.sch.uk/wp-content/uploads/2016/02/Famous-Growth-MindSets.pdf>
- 30 Biographies that encourage a growth mindset - <https://imaginationsoup.net/2016/05/10/30-biographies-model-growth-mindset/>

GROWTH MINDSET

Creating and facilitating a culture of growth at Mendez

“Mindset change is not about picking up a few pointers here and there. It's about seeing things in a new way. When people...change to a growth mindset, they change from a judge-and-be-judged framework to a learn-and-help-learn framework. Their commitment is to grow, and growth takes plenty of time, effort, and mutual support.”— Carol S. Dweck, *Mindset: The New Psychology of Success*

1. Classroom Culture
2. Student Work
3. Teacher Culture

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Possible personal (teacher) and curricular (student) goals for this school year:

- Incorporate growth mindsets and goal-setting in my classroom
- Use an AVID strategy in my classroom
- Create a project-based Learning environment in my classroom
- Create video content for students
- Facilitate a Socratic seminar
- Focus on positivity in the classroom
- Do a book study with other educators
- Improve communication with students
- Consistently communicate with parents
- Collaborate with another department on a project
- Create a class blog or website
- Use an LMS like Canvas to upload course content and have students submit assignments or take assessments online
- Use a new app for my classroom
- Mentor a student group for National History Day or GATE Symposium
- Join a professional learning community
- Attend a PD or a conference
- Join a committee and create positive change
- Incorporate more writing on a weekly basis
- Use non-fiction texts and relevant current events to boost engagement
- Mentor other teachers as a BTSA support provider or Professional Learning Coach
- Follow educators on twitter or subscribe to educators on YouTube to learn fresh ideas

“GOAL-SETTING FOR TEACHERS: 8 PATHS TO SELF-IMPROVEMENT” by Jennifer Gonzalez

<https://www.cultofpedagogy.com/goal-setting-for-teachers/>

Smart Goal-setting with your students: (Edutopia)

<https://www.edutopia.org/blog/smart-goal-setting-with-students-maurice-elias>